**Summer Camp Structure – Phase 2**

* Small groups: Each camper will be assigned a small group of not more than 8 children and they will stay with that small group throughout their time at camp.
* Each small group will get one coach that will stay with that group the entire camp.
* Groups will not mix during camp.
* Camper will remain 6 feet apart and will not share equipment.

1. Camp will be divided up into two sessions:
   1. Half Day – 9am-12pm or 12pm to 5pm
   2. Full Day – 9am – 5pm
2. Each session will include:
   1. Exercise: While in our small group we can run through a number of exercises to keep the kids active. To include speed and agility drills and strength and flexibility activities.
   2. Games/Activities: All designed to keep kids active but spaced accordingly
      1. Scooters
      2. Bikes
      3. Playing catch and batting practice
      4. Basketball shooting
      5. Soccer/tennis – great new game!
   3. Social time: - Interaction with other campers in your group but staying 6 feet apart.